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Level 3 - NCFE Certificate in Diabetes Awareness

Course description

Over two million people in the UK currently have diabetes with numbers set to rise as obesity levels increase. This programme outlines the principles of diabetes and also discusses how to manage the condition through diet, exercise and attitude. In addition, the course looks at social issues around diabetes (such as job discrimination) and explores prevention, complications and care.

Who is it for?

The Level 3 Diabetes Awareness is ideal for those working in the health care sector who wish to increase their awareness of diabetes in order to support their clients. However, it will also be of interest to anyone with diabetes, or those with friends/ relatives with diabetes, who wish to know more about the condition.

What are the benefits of this course?

The Department of Health and Diabetes UK recommend that all people with diabetes should have access to self – managed structure education programmes developed to key quality standards.

This programme has a structured curriculum with a patient-centred philosophy. It explores ways to help prevent diabetes in the first place, discuss diabetes self-management and considers how to reduce the risk of further diabetes complications, such as cardiovascular disease, blindness, limb amputations, kidney failure and depression.

Learners will gain a comprehensive understanding of diabetes, whilst developing new skills in caring for people with diabetes. The programme will provide knowledge and skills to enable learners to provide a more informed and person-centred standard of care.

Course contents

The course comprises four mandatory units:

- Unit 01: Explore the principles of diabetes
- Unit 02: explore the management of diabetes
- Unit 03: Prevention, complications and care of diabetes
- Unit 04: Explore cardiovascular care for people with diabetes

Course delivery and assessment

Candidates will be provided with the course materials of this programme and will be required to work through a series of tasks and activities designed to reinforce the learning process and test their knowledge. The candidate will need to produce a portfolio of work that covers all learning outcomes of the qualification. This will consist of a written assessment for each unit, which will be assessed by a tutor of MJ Associates Training & Development. All assessed units will be externally moderated by the awarding body, NCFE.