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Level 2 - NCFE Certificate in Working with People with Mental Health Issues

Course description

Statistics show that one in four of us is diagnosed with some kind of mental health problem at some point in our lives. Further more, each year 250,000 people are admitted to psychiatric hospital. This means that most people will have first-hand experience of mental distress, whether it be themselves or someone they know. This course has been written to enhance learners' understanding of mental distress and provide some of the knowledge required to deliver person-centred hope-inspiring mental health care.

Who is it for?

The NCFE level 2 Certificate in Working with People with Mental Health Issues is designed for post-18 learners working in health care related settings with the public, private, voluntary and community sectors.

What are the benefits of doing this course?

This qualification is mapped towards the following National Occupational Standards: Mental Health, General Health Skills, Support Services, and Health and Social Care; and so employers can be assured that staff who completes this programme are meeting industry standards. The qualification is also mapped to the 2004 Key Skills standards and can be used to develop learners' literacy, language and numeracy skills.

Learners will gain a sound understanding of mental health, mental illness and related legislation, and develop knowledge and awareness of the processes and approaches involved in the care and management of those who experience mental health issues.

Course contents

The course comprises of four units:

- Unit 01: Mental health and mental health issues
- Unit 02: Approaches to care and management in mental health
- Unit 03: Change and support in relation to mental health
- Unit 04: Aspects of care and management of an adult with mental health issues

Course delivery and assessment

Candidates will be provided with the course materials and will be required to work through a series of tasks and activities designed to reinforce the learning process and test their knowledge. Candidates will produce a written assessment for each unit, which will be assessed by a tutor of MJ Associates Training & Development. The qualification covering all learning outcomes is externally moderated by the Award Body – NCFE.

Progression opportunities

Having successfully achieved this qualification, the learner may wish to progress on to further training such as courses in equality and diversity and care.