



43 Knowles Close, Purewell,  
Christchurch, Dorset BH23 3DU  
England

Tel & Fax: +44 (0) 1202 476605  
e-mail: training@mjtraining.com

## Level 2 - NCFE Certificate in Occupational Health and Safety

### Course description

The course has been written to be relevant to a wide range of environments and is ideal for learners who wish to gain a full understanding of health and safety at their workplace.

The knowledge will be underpinned by an increased understanding of the purpose of Health and Safety. The course outlines health and safety Acts and Legislations, risk assessment which is the key to a safe and healthy workplace, the roles of hazardous substances, the importance of Personal Protective Equipment, First Aid, the responsibilities of both the employers and employees and the actions they need to take to keep their workplace healthy and safe.

### Who is it for?

The qualification is designed for those who wish to develop their knowledge of Health and Safety. These may be learners who wish to access this training with the view to progression towards further qualification, or learners who wish to study this programme in order to complement other programmes.

It is also suitable for learners wishing to develop knowledge to prepare them for employment or for those who are already in employment in healthcare, catering, electrical or engineering industries, and who wish to study the programme as part of their own continuous professional development.

MJ Associates Training & Development offers accessible Distance Learning that can be undertaken at times convenient to both the learner and the employer. Improved practices concerning occupational health and safety can improve workplace's safety.

### Course contents

The course comprises four mandatory units:

- Unit 1: Introduction to the Health and safety at Work Act 1974
- Unit 2: Hazards, Risks and Risk Assessments
- Unit 3: Electricity, Hazardous Substances (COSHH) and Fire Safety
- Unit 4: Work Equipment (PUWER) Personal Protective Equipment (PPE) and First Aid

### Course delivery and assessment

Candidates will be provided with the course materials and will be required to work through a series of tasks and activities designed to reinforce the learning process and test their knowledge. The candidate will need to produce a portfolio of work that covers all learning outcomes. This will consist of a written assessment for each unit, which will be completed by the candidate and assessed by MJ Associates Training & Development. Observation exercises will need to be carried out locally by the Line Supervisor or Manager.